

It's only been a few sessions, and my child is already starting to recognize when their anxious thoughts might be 'false alarms.'

- Brightline parent



# Get virtual behavioral health support for your family\*

### Brightline's services — what's covered:

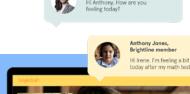
START HERE

#### **GET SUPPORT WHEN YOU NEED IT**

## Coaching

Programs to help tackle everyday common challenges with expert behavioral health coaches in as few as four sessions

Available nationwide



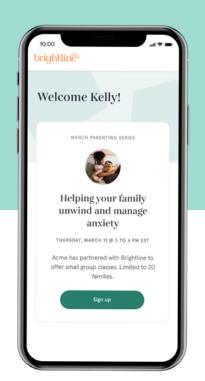
ne Biscante Smith, NBC-HWC



### Connect+

On-the-go access to personalized content, group classes, interactive exercises, and chat with coaches for tips and guidance

Available nationwide



### Care

Personalized behavior therapy, speech therapy, and medication evaluation & support from licensed Brightline clinicians

Available nationwide

Brightline's services are covered benefits via Blue Cross Blue Shield of Massachusetts and your employer, for children covered as dependents on your benefits. We'll check your eligibility when you sign up. Deductibles and



**GET STARTED AT** 

hellobrightline.com/miia

Questions? Get in touch with Brightline Member Support

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